

Rosemary Youth Mask

Ingredients:

1 ½ tbsp plain yogurt (Greek preferably)
1 tbsp honey
5-7 drops rosemary essential oil
1 tbsp coconut oil
Mason jar w/lid

Directions:

Mix ingredients together in a medium bowl and store excess mask in a mason jar. To use, apply to your face liberally and leave it to dry for 45 mins. Wipe off with a warm washcloth to reveal a goddess glow!