

## **Blood Orange and Oatmeal Scrub**

### **Ingredients:**

2 cups granulated sugar  
2 cups oatmeal  
1 cup coconut oil  
5 drops blood orange essential oil  
3 drops rose essential oil  
Mason jar w/lid

### **Directions:**

Combine all ingredients in a bowl. Mix well. Put the scrub in a mason jar and store in the refrigerator for extended use.