

Sage Goddess
Four Directional Gemstone Invocation
for Gem Wise
Fall 2017

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*Air, My breath
Fire, My spirit
Water, My blood
Earth, My body
Love, My medicine*

As you enter the eastern quadrant, you must pause, for all around you there is divine movement, air currents passing through you like smoke, and you are reminded of the sacredness of your breath, your eternal lifeline and passageway to the Divine.

Inhale, and on the inhale, call into your body all of the energies of new beginnings. Here, in the morning light, optimism abounds. Gazing up at the early morning sun, with your entire day ahead of you, you feel confident, energetic, possible. Remember this feeling, for it will hold you when the cares of the world are too much for your tender soul.

Sweet kindred, air reminds you to always come back to your breath. Here in this sacred quadrant your allies are Golden Healer Lemurian Quartz, Citrine, Pyrite, Golden Calcite, Yellow Aventurine. Summon their Golden Ray of energy to open your

*Solar Plexus Chakra and activate your personal power center.
Know that as you do, the entire universe conspires to support you.*

Exhale and prepare to receive the next element's offerings.

Air, My breath

Fire, My spirit

Water, My blood

Earth, My body

Love, My medicine

As you enter the Southern quadrant, you feel your heart beat faster and you know you have entered the fire realms. Here, you are guided with your senses of sight and smell as flames rise to greet you. You are reminded of the sacredness of your spirit, and the many ways in which you are an echo of God/Goddess/Father and Mother Creator.

Inhale, and on the inhale, call into your body all of the energies of purpose, strength, and courage. Here it is middle day, and you feel strong, capable, and confident. Remember this feeling, for it will hold you when the cares of the world are too much for your tender soul.

Sweet kindred, fire reminds you to always come back to your core, to that fire in your belly that never goes out. Here in this sacred quadrant your allies are Fire Agate, Carnelian, Fire Opal, Vanadinite, and Orange Calcite. Summon their Red-Orange Ray of energy to open your Sacral Chakra and activate your strength

center, Know that as you do, the entire universe conspires to support you.

Exhale and prepare to receive the next element's offerings.

Air, My breath

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Love, My medicine

As you enter the Western quadrant, you feel your body relax as if you are floating on top of the calmest river – nowhere else to be, nothing else to do. Here, you are guided with your senses of feeling, allowing the Mother's waters to cleanse you from within and without. You are reminded of the sacredness of your blood, and the many ways in which you are a conduit of ancient magic that finds its roots thousands of years ago, in the womb of your great great great grandmothers.

Inhale, and on the inhale, call into your body all of the energies of releasing, allowing, and becoming. Here it is afternoon, and you feel called to let the waters around you wash away any energies no longer in your service. Remember this feeling, for it will hold you when the cares of the world are too much for your tender soul.

Sweet kindred, water reminds you to always come back to your tears, your blood, and all of your channels for the life force. Here in this sacred quadrant your allies are Aquamarine, Sapphire,

Amazonite Iolite, Sodalite, and Lapis Lazuli. Summon their Blue Ray of energy to open your Throat and Third Eye Chakras, activating your intuition. Know that as you do, the entire universe conspires to support you.

Exhale and prepare to receive the next element's offerings.

Air, My breath

Fire, My spirit

Water, My blood

Earth, My body

Love, My medicine

As you enter the Northern quadrant, you feel your body anchoring itself deep into the Earth, where you are held tightly as if in the arms of your own parents, swaddling you in the limbs of Gaia's trees and blanketing you in the moss of her forests. Here, you are guided with your sense of knowing, allowing the many four legged and winged creatures of this realm, as well as the gemstone and tree people, to support you. You are reminded of the sacredness of your body, and the many ways in which you are a vessel of truth and light. You are the wish of millions; their desires, their hopes are bound up with yours.

Inhale, and on the inhale, call into your body all of the energies of being, resting, and recognizing truth. Here it is evening, and you feel called to rest. Remember this feeling, for it will hold you when the cares of the world are too much for your tender soul.

Sweet kindred, earth reminds you to always come back to your body, appreciating all the ways it holds you, supports you, and allows you to live out your soul path in this lifetime. Here in this sacred quadrant your allies are Petrified Wood, Tourmaline, Jet, Onyx, Solecite, and Danburite. Summon their White Ray of energy to open your Crown and Soul Star Chakras, activating your connection to God/Source/Creator, your ancestors, and all of the stone and tree spirits. Know that as you do, the entire universe conspires to support you.

Exhale and prepare to receive the next element's offerings.

Air, My breath

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Earth, My body

Love, My medicine

As you enter the central chamber of the great Medicine Wheel, you feel your heart open wide to receive and send all the love in the world, channeling it through you, allowing it to take root in your limbs. You are reminded of the sacredness of the medicine you carry as well as the medicine you channel for others, and the many ways in which you are a good and clear channel for that medicine to come through, from all places, and all sources, to you and through you, for the highest good of All.

Inhale, and on the inhale, call into your body all of the energies of love, peace, and compassion. Here it is the middle of the night

and in this stillness, you feel the oneness of all creation coursing through your veins. Remember this feeling, for it will hold you when the cares of the world are too much for your tender soul.

Sweet kindred, the medicine reminds you that you have all you need to work the magic you are called to work in this life. Here in this sacred center of the Wheel, your allies are the stones of love: Rhodonite, Rhodochrosite, Rose Quartz, Girasol, Morganite, Chrysoprase. Summon their Pink and Green Ray of energy to open your Heart Chakra, activating your ability to love without judgment. Know that as you do, the entire universe conspires to support you.

*Exhale and prepare to integrate these gifts.
Amen, A'ho, and So it is.*